

Mistakes

By Steve Murray

I am stunned, numb, paralyzed
That I make that stupid mistake,
Made such a thoughtless remark,
Let fear take control of my will,
Choose greed over compassion.

What was I thinking?
How could I have done that?
If only I paused, "if only"
Over and over again.

I play the act in my head,
Replay the words, re-see the reaction
Desperate to undo it or
To find an excuse, a release.

But, it is done, final, irrevocable.
I am responsible, the doer.
I must remain aware of that.
Quietly, patiently accepting and
Offering compassion, surrender.